



## DEMOGRAPHICS

|                         |       |                |              |               |       |
|-------------------------|-------|----------------|--------------|---------------|-------|
| <b>FIRST:</b>           |       | <b>MIDDLE:</b> | <b>LAST:</b> |               |       |
| <b>MAILING ADDRESS:</b> |       |                | MARRIED      | SINGLE        | OTHER |
| SOCIAL SECURITY #:      |       |                | SPOUSE NAME: |               |       |
| <b>DOB:</b>             | CELL: | HOME:          | OTHER:       |               |       |
| EMAIL:                  |       |                |              |               |       |
| EMERGENCY CONTACT:      |       |                | PHONE:       | RELATIONSHIP: |       |
| OCCUPATION:             |       |                |              |               |       |

|   |                         |
|---|-------------------------|
| <b>PRIMARY CARE PROVIDER:</b><br>(Please note: this provider/office with receive all visit notes) | <b>PROVIDER OFFICE:</b> |
|---|-------------------------|

| HOW DID YOU HEAR ABOUT OUR OFFICE?  | INSURANCE INFORMATION     |                           |
|---|---------------------------|---------------------------|
| <input type="checkbox"/> TV COMMERCIALS<br><input type="checkbox"/> RADIO ADS<br><input type="checkbox"/> GOOGLE<br><input type="checkbox"/> VSA PATIENT<br><input type="checkbox"/> PREVIOUSLY SEEN WITH US<br><input type="checkbox"/> PRIMARY CARE PROVIDER<br><input type="checkbox"/> OTHER? | PRIMARY INSURANCE         | SECONDARY INSURANCE       |
|   | INS NAME:                 | INS NAME:                 |
|   | POLICY HOLDER NAME & DOB: | POLICY HOLDER NAME & DOB: |

### REASSIGNMENTS OF BENEFITS AND CONSENT FOR RELEASE OF INFORMATION:

- I hereby authorize my insurance to pay my benefits directly to Vein Specialists of Alaska, LLC or all appointments. I give permission to release any/all medical information to my insurance company(ies) for justification of payment of claims and/or pre-authorization if required.
- Our office does its best to bill everyone's insurance according to what is provided. The undersigned understands payment in full is required within 30 days of services He/she may be asked to remit payment in full even if he/she has insurance which has not paid within this time frame. If this creates a financial hardship, he/she may make special payment arrangements by contacting our Billing Department.

|  |               |
|--|---------------|
| ANYONE OTHER THAN YOURSELF WE MAY DISCUSS APPOINTMENTS/MEDICAL RECORDS AND BILLING WITH?<br>PLEASE NOTE WE WILL NEED A PICTURE ID AND A RELEASE OF INFORMATION SIGNED BEFORE ANY RECORDS<br>WILL BE RELEASED |               |
| NAME:  | NAME:         |
| DOB:   | DOB:          |
| PHONE NUMBER:  | PHONE NUMBER: |

|                    |       |
|--------------------|-------|
| PATIENT SIGNATURE: | DATE: |
|--------------------|-------|



### FINANCIAL POLICY

#### **Thank you for choosing Vein Specialists of Alaska, LLC**

It is our goal to provide fast and efficient billing as a courtesy to you. We need your help to accomplish this goal by providing complete and accurate insurance information. Knowledge of your deductible and co-pays are your responsibility. Your insurance policy is a contract between you and your insurance company. We are not a party to that contract. If for any reason, your insurance coverage changes, it is your responsibility to inform Vein Specialist of Alaska. If you fail to inform us within 30 days of the changes, Vein Specialist of Alaska will not be responsible for filing your insurance. Please be aware that some, and perhaps all the service provided may be non-covered services. Some insurance companies reduce or deny benefits saying they are not considered UCR (usual, customary or responsible). Please be advised that our fees are based on a national geographic standard and are, in fact, UCR for Alaska.

**All deductibles and co-pays are due and payable at the time of treatment. (Unless arrangements are made with the office ahead of time).** The balance is your responsibility whether your insurance company pays or not. If your insurance coverage changes to a plan where we are not participating providers, refer to the above paragraph.

#### **FEES**

- \$50.00 FEE – Less than 2 business days’ notice
- \$150.00 FEE - Less than 5 business days’ notice of your first scheduled procedure, all procedures after are also subject to the fee as they will all need to be rescheduled.
- \$30.00 FEE - SERVICE CHARGE ON ALL NSF CHECKS
- WE OFFER A PAYMENT PLAN WITH PRIOR BUSINESS OFFICE APPROVAL (after your initial consult, if you need procedures, you will be required to complete a payment plan form PRIOR to scheduling if we see or are unaware you met DD &/or coinsurance.

**NOTICE:** If you have a balance after your insurance posts its portion, this balance represents your deductible amount and/or co-insurance amounts due which cannot be written off. We reserve the right to turn your account over to a collection agency.

- **Account Balance Policy:** If a balance is older than 90 days with no payment plan on file, the account will be sent to collections.
- **Payment Plan Collection Policy:** If the balance remains unpaid at the end of the 24-month period, the account will be referred to collections, which may incur additional fees and affect your credit rating. If a payment is missed and we cannot contact you, the account will be sent to collections.
- **No Insurance Payment** – If your insurance has not paid or is non responsive after 30 days the balance will become your responsibility.

**Usual and Customary Rates:** Our office is committed to providing the best treatment for our patients, and we charge what is usual and customary for our area. Please be aware that you may be responsible for payment regardless of any insurance company’s determination of usual and customary rates.

Thank you for understanding our financial policy. Please let us know if you have any questions or concerns.

#### **I have read, understand, and agree to this financial policy:**

|                    |               |
|--------------------|---------------|
| PATIENT NAME:      | DOB:          |
| PATIENT SIGNATURE: | TODAY’S DATE: |



# Vein Specialists of Alaska

## Acknowledgement of Receipt of Privacy Notice (Health Insurance Portability and Accountability Act)

I have been presented Vein Specialists of Alaska's Notice of Privacy Policies, detailing how any information may be used and disclosed as permitted under federal and state law. I understand the contents of the Notice, and I request the following restriction(s) concerning the use of my medical information:

|               |
|---------------|
| RESTRICTIONS: |
|---------------|

Further, I permit a copy of this authorization to be used here in place of the original, and request payment of medical insurance benefits to the party who accepts assignment. Regulations pertaining to medical assignment benefits apply.

|               |               |
|---------------|---------------|
| PATIENT NAME: | DOB:          |
| SIGNATURE:    | TODAY'S DATE: |



# Vein Specialists of Alaska

## Conservative Therapy and Symptom Statement

Due to my varicose vein disease (or suspected vein disease), I am suffering from one or more of the following symptoms: pain, swelling, heavy/tired and/or restless leg feelings, or I have suffered with unhealthy leg skin with/without infection, rash, skin discoloration, spontaneous varicose vein bleeding, and/or skin ulceration.

I have tried conservative therapy without relief for at least three months. I define conservative therapy as including daily wearing of compression stockings.

|            |               |
|------------|---------------|
| NAME:      | DOB:          |
| SIGNATURE: | TODAY'S DATE: |



# Vein Specialists of Alaska

|                        |  |            |          |
|------------------------|--|------------|----------|
| PATIENT:               |  | DOB:       |          |
| REFERRING PROVIDER:    |  | PRIME INS: | SEC INS: |
| PRIMARY CARE PROVIDER: |  | NOTES:     |          |

|                                 |          |               |                 |             |          |        |                     |               |  |
|---------------------------------|----------|---------------|-----------------|-------------|----------|--------|---------------------|---------------|--|
| <b>SYMPTOMS ARE: Choose One</b> |          | Recent        |                 | Progressive |          |        | Chronic Progressive |               |  |
| <b>WHICH LEG</b>                |          | Right Leg     |                 | Left Leg    |          |        | Bilateral           |               |  |
| <b>HOW LONG:</b>                | Past Day | Past Few Days | Past Few Months | 3 Months    | 6 Months | 1 Year | Many Years          | Several Years |  |

**PRIMARY REASON FOR YOUR VISIT:**  aching  bleeding from varicose veins  burning  cellulitis  cramping  
 discoloration  dull pain  edema/swelling  fatigue  heaviness  Itching  Pain  restlessness  Skin Changes  
 Throbbing  thrombophlebitis  tingling  tiredness  ulcerations

**HOW DO THESE SYMPTOMS EFFECT YOUR DAILY ACTIVITY: Check all that apply**

- |  |   |
|--|---|
| <input type="checkbox"/> Cannot stand longer than a few hours without pain.<br><input type="checkbox"/> Is uncomfortable to bend legs.<br><input type="checkbox"/> Find that it is becoming increasingly more difficult to stand at work.<br><input type="checkbox"/> Find that it is becoming increasingly more difficult to sit at work.<br><input type="checkbox"/> Can no longer perform the routine functions at work.<br><input type="checkbox"/> Can no longer perform the routine functions at school.<br><input type="checkbox"/> Is find it difficult to focus due to pain.<br><input type="checkbox"/> Cannot walk without pain. Is unable to gain access to work, community and/leisure activities.<br><input type="checkbox"/> Has difficulty with balance with or without assistive devices? | <input type="checkbox"/> Is finding it more difficult to stand and walk.<br><input type="checkbox"/> Cannot sit more than an hour without pain.<br><input type="checkbox"/> Cannot fully participate in sports.<br><input type="checkbox"/> Is unable to gain access to home environments.<br><input type="checkbox"/> Feels unsafe at work and/or at home.<br><input type="checkbox"/> Finds it difficult to stand without discomfort.<br><input type="checkbox"/> Is finding it difficult to sleep at night.<br><input type="checkbox"/> Legs are painful to touch.<br><input type="checkbox"/> Is constantly itching.<br><input type="checkbox"/> Has difficulty sitting for extended periods of times |
|--|---|

|   |  |  |   |
|---|--|--|---|
| <b>HAVE YOU TRIED COMPRESSION THERAPY:</b>  | IF YES: <input type="checkbox"/> 3 MONTH or more<br><input type="checkbox"/> 6 WEEKS or more   | Physician Directed? <input type="checkbox"/> YES <input type="checkbox"/> NO | <input type="checkbox"/> have not tried   |
| <b>HAVE YOU TRIED ANY OF THE FOLLOWING:</b> | <input type="checkbox"/> over the counter meds   | <input type="checkbox"/> Acetaminophen                                       | <input type="checkbox"/> Ibuprofen <input type="checkbox"/> No pain medications <input type="checkbox"/> Other                              |
| <b>PAST MEDICAL HISTORY</b>                 | <input type="checkbox"/> Hypertension (high blood pressure) <input type="checkbox"/> Diabetes <input type="checkbox"/> Bleeding/Clotting Disorder <input type="checkbox"/> Peripheral Arterial Disease<br><input type="checkbox"/> Coronary Arterial Disease (heart attack/stent/bypass) <input type="checkbox"/> Pacemaker/Defibrillator <input type="checkbox"/> Cancer<br><input type="checkbox"/> Other notable medical problems |  |   |
| <b>PAST VENOUS HISTORY</b>                  | <input type="checkbox"/> Phlebitis (clot in surface veins) <input type="checkbox"/> DVT (Deep Vein Thrombosis) <input type="checkbox"/> Pulmonary Embolism (clot in lung) <input type="checkbox"/> Bleeding from veins<br><input type="checkbox"/> Hemorrhoids <input type="checkbox"/> Previous trauma to legs <input type="checkbox"/> Clotting Disorder (free bleeder) <input type="checkbox"/> IV Drug use/AIDS/HIV/Hepatitis    |  |   |
| <b>PREVIOUS VEIN TREATMENT</b>              | <input type="checkbox"/> Sclerotherapy   | <input type="checkbox"/> Stripping   | <input type="checkbox"/> Phlebectomy <input type="checkbox"/> laser or radiofrequency ablation <input type="checkbox"/> no prior treatments |
| <b>SURGICAL HISTORY</b>                     |  |  |   |
| <b>FAMILY HISTORY</b>                       | <input type="checkbox"/> varicose veins <input type="checkbox"/> clotting disorder <input type="checkbox"/> heart disease <input type="checkbox"/> cancer <input type="checkbox"/> stroke  |  |   |
| <b>SOCIAL HISTORY</b>                       | <b>Alcohol Use:</b> <input type="checkbox"/> Never <input type="checkbox"/> Occasional <input type="checkbox"/> Frequent/Daily <b>Tobacco Use:</b> <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Quit<br><b>Exercise?</b> <input type="checkbox"/> Seldom <input type="checkbox"/> Regularly <input type="checkbox"/> Daily  |  |   |
| <b>MEDS (prescribed)</b>                    | <input type="checkbox"/> Coumadin <input type="checkbox"/> Plavix <input type="checkbox"/> Lovenox <input type="checkbox"/> Xarelto <input type="checkbox"/> Pradaxa <input type="checkbox"/> Eliquis <input type="checkbox"/> Other:  |  |   |
| <b>ALLERGIES</b>                            | <input type="checkbox"/> tape <input type="checkbox"/> latex <input type="checkbox"/> Other Medication Allergies (list):   |  |   |
| <b>MISC</b>                                 | HEIGHT: _____ WEIGHT: _____  |  |   |



**Patient Symptom Questionnaire—VVSYMQuick Survey**

|                 |             |              |
|-----------------|-------------|--------------|
| <b>PATIENT:</b> | <b>DOB:</b> | <b>DATE:</b> |
|-----------------|-------------|--------------|

**Instructions:** These series of questions pertain to your right leg and your left leg. Please answer for BOTH legs.

**RIGHT LEG**

**HEAVINESS** feeling in your right leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**ACHING** feeling in your right leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**SWELLING** in your right leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**NIGHT CRAMPS** in your right leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**HEAT OR BURNING** feeling in your right leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**RESTLESS LEG** feeling in your right leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**THROBBING** feeling in your right leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**ITCHING** feeling in your right leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**TINGLING** feeling in your right leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**TOTAL SCORE RIGHT LE:** \_\_\_\_\_

**LEFT LEG**

**HEAVINESS** feeling in your left leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**ACHING** feeling in your left leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**SWELLING** in your left leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**NIGHT CRAMPS** in your left leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**HEAT OR BURNING** feeling in your left leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**RESTLESS LEG** feeling in your left leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**THROBBING** feeling in your left leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**ITCHING** feeling in your left leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**TINGLING** feeling in your left leg?

- NONE       A LITTLE BIT       SOME  
 A GOOD BIT  MOST                       ALL

**TOTAL SCORE LEFT LE:** \_\_\_\_\_

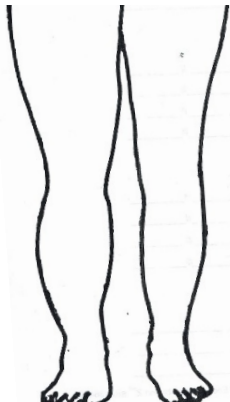
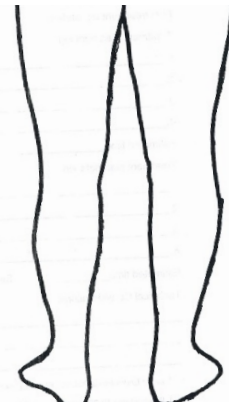
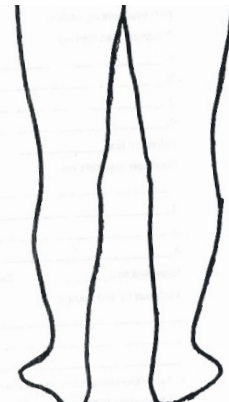
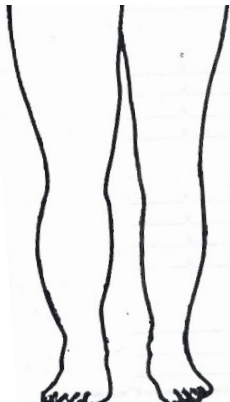
|       |      |       |
|-------|------|-------|
| NAME: | DOB: | DATE: |
|-------|------|-------|

**REVIEW OF SYSTEMS:**

| CONSTITUTIONAL   | ENT  | CARDIOVASCULAR   | RESPIRATORY   |
|--|--|--|---|
| <input type="checkbox"/> Lack of energy<br><input type="checkbox"/> Unexplained weight loss or gain<br><input type="checkbox"/> Fever<br><input type="checkbox"/> Night sweats | <input type="checkbox"/> Difficulty hearing<br><input type="checkbox"/> Sinus problems<br><input type="checkbox"/> Nose bleeds<br><input type="checkbox"/> Sore throat | <input type="checkbox"/> Irregular heartbeat<br><input type="checkbox"/> Palpitations<br><input type="checkbox"/> Chest pains<br><input type="checkbox"/> Lower extremity swelling<br><input type="checkbox"/> Pain in legs when walking | <input type="checkbox"/> Shortness of breath<br><input type="checkbox"/> Cough<br><input type="checkbox"/> Wheezing |

| GI   | MUSKULOSKELETAL  | INTEGUMENT  | NEURO  |
|--|--|---|--|
| <input type="checkbox"/> GERD<br><input type="checkbox"/> Difficulty Swallowing<br><input type="checkbox"/> Nausea<br><input type="checkbox"/> Vomiting<br><input type="checkbox"/> Abdominal pain<br><input type="checkbox"/> Constipation<br><input type="checkbox"/> Diarrhea<br><input type="checkbox"/> Bloody stools | <input type="checkbox"/> Leg pain<br><input type="checkbox"/> Joint pain<br><input type="checkbox"/> Myalgias (muscle ache)<br><input type="checkbox"/> Swelling of joints<br><input type="checkbox"/> Back pain | <input type="checkbox"/> Itching<br><input type="checkbox"/> Rash<br><input type="checkbox"/> Dry skin<br><input type="checkbox"/> Stasis dermatitis (skin discoloration) | <input type="checkbox"/> Migraine headaches<br><input type="checkbox"/> Frequent headaches<br><input type="checkbox"/> Restless legs<br><input type="checkbox"/> Dizziness<br><input type="checkbox"/> Numbness<br><input type="checkbox"/> Problems with walking or balance |

| PSYCHIATRIC  | ENDOCRINOLOGY   | HEMATOLOGIC   | ALLERGIC   |
|--|---|---|--|
| <input type="checkbox"/> Depression<br><input type="checkbox"/> Insomnia<br><input type="checkbox"/> Anxiety | <input type="checkbox"/> Intolerance to heat or cold<br><input type="checkbox"/> Frequent hunger/urination/thirst | <input type="checkbox"/> Easy bleeding<br><input type="checkbox"/> Easy bruising<br><input type="checkbox"/> Anemia | <input type="checkbox"/> Seasonal allergies<br><input type="checkbox"/> Hay fever symptoms<br><input type="checkbox"/> Other |

|              |  |              |
|--------------|--|--------------|
| <b>EXAM:</b> | <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> <p>Right</p> <p><b>Anterior Aspect</b></p>  </div> <div style="text-align: center;"> <p>Left</p> <p><b>Posterior Aspect</b></p>  </div> <div style="text-align: center;"> <p>Left</p> <p><b>Posterior Aspect</b></p>  </div> <div style="text-align: center;"> <p>Right</p> <p><b>Posterior Aspect</b></p>  </div> </div> | <b>PLAN:</b> |
|--------------|--|--------------|